## Feasibility of the Coping in Heart Failure Partnership Telephone-Based Intervention Study: Pilot

Purpose: To assess feasibility of study protocol and describe participant scores on study instruments over time within and between groups.

Baseline Randomization Data Collection n = 15Control Attention Intervention Group Group Groun Coping in Heart Failure (COPE - HF) Mock Intervention Partnership Intervention Weeks 2 - 4: Weekly Week 1: Home visit telephone contacts Weeks 2-4: Weekly telephone contacts/mailings Week 5: Data Collection Weeks 6 & 8: Bi-weekly Weeks 6 & 8: Bi-weekly telephone contacts telephone contacts/mailings Week 9: Data Collection Weeks 10 & 12: Bi-weekly Weeks 10 & 12: Bi-weekly telephone contacts telephone contacts/mailings Week 13: Data Collection

Coping in Heart Failure (COPE - HF) Partnership Intervention Study

Lucinda J. Graven, PhD, MSN, ARNP

College of Nursing

lgraven@fsu.edu

Sample Characteristics (n = 15)

	Control Group	Attention Group	Intervention Group
Age Mean (SD)	51(8)	55(6)	60(7)
Gender Male Female	2 3	3 2	3 2
Race Caucasian African American Hispanic	2 3	1 3	3 2

Outcome	Control	Attention	Intervention
Mean (SD)	(n=2)	(n = 3)	(n=4)
Depression			
T1	25(11)	29(20)	22(12)
T4	34(22)	23(19)	19(6)
SC			
Maintenance			
T1	43(28)	66(11)	57(13)
T2	53(9)	84(14)	76(13)
SC			
Management			
T1	70(7)	83(6)	55(17)
T2	60(0)	100(0)	75(14)
SC			
Confidence			
T1	81(12)	93(8)	35(3)
T2	47(12)	83(10)	71(15)

Following pilot, a full study (n = 107) was conducted with completion anticipated May 2016.